

## Kochi University's Response to COVID-19 (Report No. 21)

To students, faculty, and staff

Kochi University has updated its response to COVID-19.

Kochi University has determined to take the following measures to prevent the spread of COVID-19 infection for the time being from March 29, 2022. Students (including Kindergarten children and students at affiliated schools) and faculty and staff are requested to read through the following guidance and materials and act to prevent the spread of infection.

Some of the measures under the Guidance may be relaxed or tightened based on prudent judgment in accordance with the change in the circumstances. We will continue to keep you updated, so please regularly check our website and KULAS even during long vacation periods.

- Guidance on Infection Prevention and Control for Covid-19 for students [Fifteenth report]
- Guidance on Infection Prevention and Control for Covid-19 for faculty members [Fifteenth report]
- Guidance on Infection Prevention and Control for Covid-19 for staff [Fourteenth report]

### **1. Health management**

- (1) The symptoms of COVID-19 are diverse: a high fever, respiratory symptoms (e.g., cough, sore throat, running nose and blocked nose), headache, fatigue, diarrhea, vomiting, etc. If you experience any of the aforementioned symptoms, please undergo a diagnosis at the nearest medical institution cooperating with tests or see your primary doctor after making a reservation by phone without fail. When you undergo a diagnosis, you will be required to wear a mask without fail and to follow the instructions of the relevant medical institution.

\* For details on taking a PCR test or qualitative antigen test when you are worried about being infected but have no symptoms, please see (10) of "2. Daily Life."

[Medical institutions cooperating with tests for COVID-19 in Kochi Prefecture (website of the government of Kochi Prefecture)]

[https://www.pref.kochi.lg.jp/soshiki/130401/cov19\\_kensakouryoku.html](https://www.pref.kochi.lg.jp/soshiki/130401/cov19_kensakouryoku.html)

Moreover, in order for the government of Kochi Prefecture and Kochi City to respond to consultation from prefectural residents concerning COVID-19, the COVID-19 Health Consultation Center (Tel: 088-823-9300) has been established.

- (2) Please promptly report to the contact point described in Section 11, "Contact us" if you are infected with COVID 19 (or you are deemed to be positive by a doctor).
- (3) As a general rule, you do not need to contact us if any of the following apply, but please report to the contact point described in Section 11, "Contact us" if you need to follow the procedures for reporting exception absence or prohibition of work.

- 1) If you have been in close contact with a person infected with COVID-19.
- 2) If you have been in close contact with those who have been in close contact with an infected person (secondary contact).
- 3) If you experience a fever or other symptoms of a cold.

## **2. Daily life**

- (1) Please measure your body temperature every morning to check your health. If you experience a fever or symptoms of a cold, you will be prohibited from visiting or attending work at the University.
- (2) Please be sure to take basic measures to prevent the spread of COVID-19, such as use a hand sanitizer to wash your hands, wear a mask, do not talk loudly, ventilate a room (open windows at opposite sides of a room at the same time), and keep a distance of at least 1 meter from others.
- (3) Please avoid the “Three Cs” (i.e., closed spaces with poor ventilation, crowded places with many people nearby, and close-contact settings such as those in close-range conversations).
- (4) In addition to the above, please take infection prevention and control measures as shown in the Practical Examples for “A New Lifestyle” publicly announced by the Ministry of Health, Labour and Welfare.

Practical Examples for “A New Lifestyle” (website of the Ministry of Health, Labour and Welfare)

[https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/0000121431\\_newlifestyle.html](https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/0000121431_newlifestyle.html)

- (5) Please refrain from entering stores and/or facilities for which appropriate measures for infectious diseases (e.g., placement of sanitizers, staff members’ wearing of masks, ventilation, and measures for avoidance of Three Cs) have not been undertaken, including for the purpose of taking opportunities for part-time jobs.
- (6) Please refrain from entering restaurants/bars while undertaking entertainment, karaoke boxes, and live music clubs for the time being, including for the purpose of taking opportunities for part-time jobs.
- (7) Please refrain from having a meal with people other than your family members or friends with whom you interact regularly.
- (8) You may use COVID-19 Contact-Confirming Application (COCOA) recommended by the Ministry of Health, Labour and Welfare if you agree to the terms of use.

COVID-19 Contact-Confirming Application (website of the Ministry of Health, Labour and Welfare)

[https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/cocoa\\_00138.html](https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/cocoa_00138.html)

- (9) There are examples for “5 situations” that increase the risk of infection (e.g., long meals in large groups). Therefore, please undertake infection prevention and control measures in reference to such information as well.

“5 situations” that increase the risk of infection (webpage of Cabinet Secretariat)

<https://corona.go.jp/proposal/>

- (10) If you are worried about being infected, please do not hesitate to undertake a PCR test or qualitative antigen test. For details, please see the “Free PCR Test or Qualitative Antigen Test Based on the Kochi Prefecture General Inspection Project when the Infection is Spreading (January 19, 2022).”

\*If you have symptoms, please visit a medical institution.

### **3. Measures for students**

#### **(1) Classes, etc.**

**You are allowed to come to campus if you need to do so for your study or campus life needs, but you should restrict your movements as much as possible while on campus and go home as soon as you finish your business.**

**Please pay attention to the following, take lessons, and endeavor to prevent the spread of infection.**

- 1) If you are infected with COVID-19 (or you are deemed to be positive by a doctor.)
  - (i) Please promptly contact the University (see Section 11, "Contact us") and follow the public health center's or a medical institution's instruction until you have recovered. If you are not given any instructions, contact the COVID-19 Health Consultation Center (Tel: 088-823-9300) for advice.
  - (ii) You must inform your close contacts if you are required to do so by the public health center or a medical institution.
  - (iii) You are prohibited from coming to the University until you are deemed to have recovered by a medical institution or if you are staying at a hotel or at home, until 10 days have passed since you developed symptoms and 72 hours have passed since your symptoms subsided.
- 2) If you have been in close contact with a person infected with COVID-19
  - (i) When you have been identified as having been in close contact with an infected person, follow the public health center's instructions (including the public health center's instructions given via those who have been infected). If you are not given any instructions by the public health center, you should stay at home for follow-up observation for seven days from the day following the day when you were last in contact with an infected person. You should also check your temperature and pay attention to your health for at least 10 days. (If you were in close contact with your infected family member who lives with you, you should stay at home for seven days from the day following the day when your close contact started to develop symptoms or started to take infection prevention and control measures, such as wearing a mask, whichever came later.)
  - (ii) Even if you have not been identified as having been in close contact with an infected person, but if you think you may have been in contact with such person, please stay home for at least seven days from the day following the most recent day on which you may have been in contact with such person to see if any symptom develops.
  - (iii) Check your health everyday while you stay at home. If you have a high fever, respiratory symptoms (e.g. cough, sore throat, running nose and blocked nose), headache, fatigue, diarrhea, vomiting, etc., promptly seek medical attention at a medical institution cooperating with tests. If you are unable to make an appointment with a medical institution, contact the COVID-19 Health Consultation Center (Tel: 088-823-9300) for advice.  
Medical institutions cooperating with tests for COVID-19 within Kochi Prefecture (website of the government of Kochi Prefecture) (reiteration)  
[https://www.pref.kochi.lg.jp/soshiki/130401/cov19\\_kensakyouryoku.html](https://www.pref.kochi.lg.jp/soshiki/130401/cov19_kensakyouryoku.html)

- 3) If you have a fever or other symptoms of a cold
  - (i) If you experience a high fever or symptoms of a cold (sneezing, runny nose, blocked nose, a cough, sore throat, fatigue, joint pain, etc.), please and stay home to see if the symptom further develops.
  - (ii) Regularly check your health even after 24 hours or more has passed since the fever subsided and after cold-like symptoms have improved.
  - (iii) You are prohibited from attending the University until a period of 24 hours or more has passed since the fever has subsided and cold-like symptoms have improved.

Note: If you are absent from face-to-face classes due to the infection or the necessity to be under the watchful waiting period, your absence will be treated as an “exception absence” to avoid any disadvantage for your academic performance during the targeted period.

Note: Please contact your instructor if you feel anxious about attending face-to-face classes because of COVID-19 infections. Alternative measures will be taken to avoid any disadvantage for your academic performance.

## (2) Use of Library and Information Technology

You are allowed to use the library; however, please see news posted on the library webpage concerning temporary closure, change of opening hours, and points to note for use.

Main Library: <http://www.lib.kochi-u.ac.jp/library/chuokan/>

Medical School Branch: [http://www.kochi-u.ac.jp/kms/of\\_lbrry/tosyokan.htm](http://www.kochi-u.ac.jp/kms/of_lbrry/tosyokan.htm)

Monobe Branch: <http://www.lib.kochi-u.ac.jp/library/nobun/>

## (3) Use of the Health Service Center

You may visit us if you want to seek advice on your health or to have a medical examination. Please check that your temperature is lower than 37.5°C and always wear a mask in the Health Service Center. Contact us if you cannot check your temperature because you do not have a thermometer. If you are suspected of having become infected with COVID-19 or you have a symptom about which you should contact the Kochi Prefecture/City COVID-19 Health Consultation Center, visit a medical institution cooperating with tests for COVID-19 or contact the Kochi Prefecture/City COVID-19 Health Consultation Center.

The Health Service Center may be closed for medical checkups for a while at the beginning of a new academic year. For more information, please see notices posted on the Health Service Center's website at <https://www.kochi-u.ac.jp/hokekan/>.

Opening days and hours:

Weekdays except Saturday, Sunday, and holidays

8:30 a.m. through 5:15 p.m. (10:00 a.m. through 4:00 p.m. for Monobe Branch Office until March 31)

(Asakura)      Health Service Center: Phone: 088-844-8158, gs08★kochi-u.ac.jp

(Oko)            Health Service Center, Oko Branch Office:

                    Phone: 088-880-2581, gs11★kochi-u.ac.jp

(Monobe)        Health Service Center, Monobe Branch Office:

                    Phone: 088-864-5121, gs09★kochi-u.ac.jp

(Please change “★” to “@” when sending email.)

#### **4. Measures for faculty and staff**

**Faculty and staff should take infection prevention and control measures and examine the order of priority of their duties carefully when working. They should go back to teleworking, where possible, depending on the nature of their duties.**

- (1) If you are infected with COVID-19 (or you are deemed to be positive by a doctor)
  - 1) Please promptly report it to the University (see Section 11, "Contact us") and follow the public health center's or a medical institution's instruction until you have recovered. If you are not given any instructions, contact the COVID-19 Health Consultation Center (Tel: 088-823-9300) for advice.
  - 2) You must inform your close contacts if you are required to do so by the public health center or a medical institution.
  - 3) You are prohibited from attending the University to work until you are deemed to have recovered by a medical institution or if you are staying at a hotel or at home, until 10 days have passed since you developed symptoms and 72 hours have passed since your symptoms subsided.
- (2) If you have been in close contact with a person infected with COVID-19
  - 1) When you have been identified as having been in close contact with an infected person, follow the public health center's instructions (including the public health center's instructions given via those who have been infected). If you are not given any instructions by the public health center, you should stay at home for follow-up observation for seven days from the day following the day when you were last in contact with an infected person. You should also check your temperature and pay attention to your health for at least 10 days. (If you were in close contact with your infected family member who lives with you, you should stay at home for seven days from the day following the day when your close contact started to develop symptoms or started to take infection prevention and control measures, such as wearing a mask, whichever came later.)
  - 2) Even if you have not been identified as having been in close contact with an infected person, but if you think you may have been in contact with such person, please stay home for at least seven days from the day following the most recent day on which you may have been in contact with such person to see if any symptom develops.
  - 3) Check your health everyday while you stay at home. If you have a high fever, respiratory symptoms (e.g. cough, sore throat, running nose and blocked nose), headache, fatigue, diarrhea, vomiting, etc., promptly seek medical attention at a medical institution cooperating with tests. If you are unable to make an appointment with a medical institution, contact the COVID-19 Health Consultation Center (Tel: 088-823-9300) for advice.

Medical institutions cooperating with tests for COVID-19 within Kochi Prefecture (website of the government of Kochi Prefecture) (reiteration)  
[https://www.pref.kochi.lg.jp/soshiki/130401/cov19\\_kensakyouryoku.html](https://www.pref.kochi.lg.jp/soshiki/130401/cov19_kensakyouryoku.html)
- (3) If you have a fever or other symptoms of a cold
  - 1) If you experience a high fever or symptoms of a cold (sneezing, runny nose, blocked nose, a cough, sore throat, fatigue, joint pain, etc.), you will be prohibited from attending the University to work.

- 2) If you experience a fever, you are prohibited from attending the University to work until after 24 hours or more has passed since the fever subsided and after cold-like symptoms have improved.
- 3) Regularly check your health even after 24 hours or more has passed since the fever subsided and after cold-like symptoms have improved.
- 4) If a fever or other symptoms have developed during working hours, please return home immediately.

Note: For faculty and staff, the period of prohibition from attending the University to work shall be treated either as "Work Prohibited" or "teleworking." Faculty and staff who have turned out to be necessary to be under Work Prohibited shall report their condition regularly to their department and follow the instruction of their department heads when attending the University.

Note: (2) and (3) of "4. Measures for faculty and staff" do not apply to healthcare workers. Decisions of Kochi Medical School Hospital COVID-19 Crisis Management Office should be followed.

Note: Please contact your superior in your department if you find it difficult to work or feel anxious because you are worried about getting infected.

## **5. Traveling to other prefectures**

- (1) You should use prudent judgment when traveling to a prefecture where a state of emergency or semi-state of emergency COVID-19 measures apply or to a prefecture which is in a comparable infection situation. If you have traveled to or from such an area, you should pay particular attention to your health for 10 days after traveling back to Kochi Prefecture. You must seek medical attention at a medical institution if you have a fever or other symptoms.
- (2) You should use prudent judgment when traveling to other prefectures while a state of emergency or semi-state of emergency COVID-19 measures apply to Kochi Prefecture or Kochi Prefecture is in a comparable infection situation.
- (3) To reduce the risk of getting infected, consider taking a PCR test or an antigen test before or after traveling.
- (4) Those who are not part of the University should be asked to refrain from visiting the University campuses for work purposes unless they need to do so for unavoidable reasons, such as delivery or repair of goods and various procedures. If you are a faculty or staff member and need to accept their visits under unavoidable circumstances that do not include those described above (such as delivery or repair of goods and various procedures), you should consult the head of your department in advance and ensure that the measures are in place when they visit the campuses.

## **6. Traveling overseas and acceptance of researchers and the like returning from overseas or those from overseas**

Currently, travel advice and warning of infectious diseases of Level 2 (avoid non-essential travel) or above has been issued by the Ministry of Foreign Affairs of Japan for all countries. Taking such circumstances into account, the University requests that the students, faculty, and staff follow the following instructions concerning overseas travel for the time being.

### **(1) Overseas travel by students, faculty, and staff**

Avoid non-essential travel to countries or regions in which travel advice and warning of infectious diseases of Level 2 or above has been issued by the Ministry of Foreign Affairs of Japan. If it is necessary to travel to the aforementioned countries or regions under unavoidable circumstances, a crisis management system for dispatch and a support system for return to Japan should be implemented at each department. Subsequently, please obtain the approval of the President. When traveling overseas in

private, please submit prior notification of overseas traveling in conformance with the aforementioned procedures.

- (2) Returning to and reentering Japan from foreign countries (including international students temporarily returning to their home countries)

Persons returning to and reentering Japan from foreign countries should follow border enforcement measures announced by the national government.

- (3) Acceptance of researchers and the like from overseas

When you intend to accept researchers from foreign countries, you will be required, as a general rule, to apply for approval of such researchers as foreign researchers at Kochi University at least two months before the date when they are due to be accepted.

Moreover, please accept them after a structure for response to border enforcement measures announced by the national government has been well prepared by the relevant departments accepting such researchers. In addition, researchers who would have an employment relationship with the University will be subject to (1) and (2) above.

- (4) Implementation of students' studying abroad, short-term overseas training programs, etc.

Please follow the separately determined "FY 2022 Policy for Implementing Student Exchanges (Dispatching and Acceptance) and Short-term Overseas Training Programs."

- (5) Hosting new international students

To host new international students who enter Japan, the International Exchange Office will make adjustments in consultation with their departments or courses.

- \* Students are prohibited from coming to the University during the watchful waiting period; however, absence will not bring any disadvantage to their academic performance during the period.
- \* For faculty and staff, the period of prohibition from attending the University to work will be treated based on the work rules either as "suspension of working" or "teleworking" to avoid any salary disadvantages during the period.
- \* Faculty members and staff, students, and foreign researchers should report their health conditions to the department head, the department (major) and the department accepting foreign researchers, respectively, during the watchful waiting period with use of the attached "Health Condition Reporting Sheet." When going to the University to work or study after the watchful waiting period, follow the instructions of their department heads.
- \* Because responses to international traveling/movements by each nation are fluid, please endeavor to confirm the latest information issued by the Japanese government, states to which you travel, etc.
- \* The website of the Ministry of Foreign Affairs of Japan: New measures for border enforcement

[https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/0000121431\\_00209.html](https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/0000121431_00209.html)

## **7. Holding of social gatherings, events, etc.**

- (1) For the time being, face-to-face social gatherings and events held by the University should be cancelled or postponed. If it is difficult to cancel or postpone any social gathering or event due to unavoidable circumstances, please obtain the prior approval of the head of your department.
- (2) Refrain from participating in face-to-face social gatherings and events held by organizations other than the University. Do not attend social gatherings or events where no infection prevention and control measures are taken.
- (3) As a general rule, the University will not allow its facilities to be used for face-to-face social gatherings or events held by organizations other than the University.
- (4) The University will not support or co-host face-to-face social gatherings or events where infection prevention and control measures are not in place.

## **8. Handling of salary of people whose work is suspended due to the prohibition of entry into the university grounds**

- (1) Regarding people whose work is suspended due to closure of the Library and Information Technology at night and on holidays, as of March 2, 2020, the University will ensure that people whose work is suspended will not be disadvantaged in terms of salary for the subject period, only in cases where they had been expected to work originally during such period of suspension.
- (2) The University will ensure that people whose work is suspended due to the prohibition of entry into the university grounds will not be disadvantaged in terms of salary for the subject period.

## **9. Measures taken for COVID-19 vaccinations**

- (1) The time during which the University's faculty and staff will get vaccinated against COVID-19 at a medical institution outside the University is treated as a (paid) work exemption period.
- (2) The time during which the University's faculty and staff who have been vaccinated against COVID-19 need time off to rest because of side effects of the vaccine and it is considered necessary for them to be absent from work is treated as a (paid) work exemption period.

## **10. Considerations for faculty and staff who raise elementary-school-aged children to take a leave of absence**

If all elementary schools attended by children of the University's faculty or staff are temporarily closed (or classes are closed) or their children have to stay at home because they have been in close contact with a person infected with COVID-19 and it is considered reasonable for the affected faculty or staff to be absent from work to take care of their children, they are allowed to take a (paid) special leave of absence for the length of time needed to do so.

## **11. Contact us**

- (1) Matters related to Japanese students
  - If infected with COVID-19, under the watchful waiting period, or experiencing cold symptoms
  - (Asakura) Faculty of Humanities and Social Sciences, Humanities and Social Sciences Program  
E-mail: gm15@kochi-u.ac.jp, Phone: 088-844-8649  
Faculty of Education, Education Program, Program for Advanced Professional Development in Teacher Education  
E-mail: gm16@kochi-u.ac.jp, Phone: 088-844-8653
  - Faculty of Science and Technology, Science and Technology Program, Science Program, Applied Science Program  
E-mail: gm17@kochi-u.ac.jp, Phone: 088-844-8742
  - Faculty of Regional Collaboration, Regional Collaboration Program, TSP  
E-mail: gm24@kochi-u.ac.jp, Phone: 088-844-8903
- (Oko) Medical School  
E-mail: ia21@kochi-u.ac.jp, Phone: 088-880-2262  
Medical Science Program, Nursing Science Program, Medicine Program  
E-mail: ia20@kochi-u.ac.jp, Phone: 088-880-2290

(Monobe) Faculty of Agriculture and Marine Science, Agriculture and Marine Science Program, Agricultural Science Program  
E-mail: km12@kochi-u.ac.jp, Phone: 088-864-5168  
Kuroshio Science Program  
E-mail: km14@kochi-u.ac.jp, Phone: 088-864-5116

○ For medical advice

(Asakura) Health Service Center Phone: 088-844-8158

(Oko) Health Service Center, Oko Branch Office Phone: 088-880-2581

(Monobe) Health Service Center, Monobe Branch Office Phone: 088-864-5121

Note: In particular, if you are suspected of having become infected with COVID-19 or you have a symptom about which you should contact the Kochi Prefecture/City COVID-19 Health Consultation Center (see "1. Health management (1)"), get a diagnosis from a medical institution cooperating with tests for COVID-19 within Kochi Prefecture or contact the Kochi Prefecture/City COVID-19 Health Consultation Center.

○ Other matters

Student Counseling Room Phone: 088-888-8010

○ Advice for students with underlying medical conditions (weakened immune system, respiratory diseases, and diabetes)

Office for the promotion of inclusion and accessibility at the Center for General Student Support

E-mail: shugakushien@kochi-u.ac.jp, Phone: 088-888-8037

(2) Matters related to international students

International Exchange Office

E-mail: kr03@kochi-u.ac.jp, Phone: 088-844-8683

(3) Matters related to faculty and staff

Personnel Division, Safety and Health Supervisor

Other than Oko Campus:

E-mail: kj04@kochi-u.ac.jp, Phone: 088-844-8736

Oko Campus:

E-mail: kj04@kochi-u.ac.jp, Phone: 088-880-2222

Note: Contact your departments for measures related to Work Prohibition.

(4) Other matters

General Affairs Supervisor, General Affairs Division

E-mail: ks04@kochi-u.ac.jp, Phone: 088-844-8116

**12. More information**

- Kochi University Health Service Centers (Warnings)

<http://www.kochi-u.ac.jp/hokekan/>

- Cabinet Secretariat

<https://corona.go.jp/>

- Ministry of Foreign Affairs

<https://www.anzen.mofa.go.jp/>

- Ministry of Health, Labour and Welfare

[https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/0000164708\\_00001.html](https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/0000164708_00001.html)

- Ministry of Education, Culture, Sports, Science and Technology

[https://www.mext.go.jp/a\\_menu/coronavirus/index.html](https://www.mext.go.jp/a_menu/coronavirus/index.html)

- Kochi Prefecture  
<https://www.pref.kochi.lg.jp/soshiki/111301/info-COVID-19.html>
- COVID-19 Health Consultation Center (Kochi City)  
<https://www.city.kochi.kochi.jp/site/kochi-corona/shingatacorona-consultation.html>
- Medical institutions cooperating with tests for COVID-19 within Kochi Prefecture (website of the government of Kochi Prefecture)  
[https://www.pref.kochi.lg.jp/soshiki/130401/cov19\\_kensakyouryoku.html](https://www.pref.kochi.lg.jp/soshiki/130401/cov19_kensakyouryoku.html)

## 体調管理シート Health Condition Reporting Sheet

氏名 Name			帰国／入国前滞在都市・国 City/Country before entering Japan		
職名／身分 Status	<input type="checkbox"/>	高知大学所属学生 KU student	学部・専攻 Faculty,School	学籍番号 Student No.	
	<input type="checkbox"/>	高知大学教職員 Faculty/Staff member	教職員所属 Unit/Division		
	<input type="checkbox"/>	学外者／外国人研究者 Visitor	受入教員名 Supervisor's name		
連絡先メールアドレス Email address			電話番号、LINE ID等 Cellphone number, LINE ID		

	記入例 Example	日本到着日 Arrival Day	1日目 Day 1	2日目 Day 2	3日目 Day 3	4日目 Day 4	5日目 Day 5	6日目 Day 6
年／月／日 Y/M/D	2020/9/1							
検温時間 Time of Check-up	9:00							
体温 Body Temp.	36.4°C	°C	°C	°C	°C	°C	°C	°C
喉の痛み Sore Throat	+							
咳 Coughing	+							
息苦しさ Breathlessness	-							
倦怠感 Fatigueness	+							
嗅覚異常 Loss of Smell	-							
味覚異常 Loss of Taste	-							
	7日目 Day 7	8日目 Day 8	9日目 Day 9	10日目 Day 10	11日目 Day 11	12日目 Day 12	13日目 Day 13	14日目 Day 14
年／月／日 Y/M/D								
検温時間 Time of Check-up								
体温 Body Temp.	°C	°C	°C	°C	°C	°C	°C	°C
喉の痛み Sore Throat								
咳 Coughing								
息苦しさ Breathlessness								
倦怠感 Fatigueness								
嗅覚異常 Loss of Smell								
味覚異常 Loss of Taste								

備考 Remarks	既往歴等の特記事項がある場合は記載してください。Medical history (if any)
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【緊急連絡先 Emergency Contact】下記は学生、構成員、外国人研究者等から報告を受ける人が入力してください。

部局名 Faculty, School		氏名 Name	
メールアドレス Email address		電話番号、LINE ID等 Phone number, LINE ID	
相談機関 Consultation Service Counter	高知大学保健管理センター ・朝倉:088-844-8158 ・物部:088-864-5121 ・岡豊:088-880-2581	Kochi University Health Service Center ・ASAKURA Tel:088-844-8158 ・MONOBE Tel:088-864-5121 ・OKO Tel:088-880-2581	